

FACA Swimming & Diving Clinic 2023

Hilton Daytona Beach Oceanfront Resort

Thursday, January 5, 2023

11:00 am – 4:00 pm – Clinic Registration

1:00 pm – Roundtable – The Things They Don't Tell You About Being a Coach

2:00 pm – How to Use Your Volunteers – Tracy Lee, Avon Park HS

3:00 pm – Roundtable – Fundraisers and What You Do That Works – Please bring all your ideas!!

4:00 pm – Roundtable – What Is Part of Our Athletes' "Job Description"?

5:00 pm – What Do Coaches Do When They Feel Burnout – Jenn Gosline, George Jenkins HS

6:30 PM - 7:30 PM COACH/VENDOR SOCIAL – OCEANVIEW ROOM - HILTON

7:30 pm - Dinner

Friday, January 6, 2023

11:00 am – 4:00 pm – Clinic Registration

9:00 am – How To Set Up a 13 week Season – Scott Bay, Hydro 4 Swimming

10:00 am – X-Grain Sportswear Presentation – Mark Schultz

11:00 am – FHSAA Chat with Justin Harrison and Scott Jamison

12:00 pm – Lunch (on own)

1:30 pm – How To Write Workouts For HS Season – Scott Bay, Hydro 4 Swimming

2:30 pm – Round Table - Team Building & Team Culture – Kayla Cervoni & Kara Foraker, Palmetto Ridge High School

3:30 pm – The Swim Community and Lower Income Schools – Emily Gwin, Amos P. Godby High School

4:30 pm – Small Team, Big Heart – Nicole Whitaker & Kristina Lorton, Lake Region High School

5:30 pm – Roundtable – How Do We Have Fair Diving Scores Across All Districts/All Regions?

6:00 pm – Dinner (on own)

Saturday, January 7, 2023

9:00 am – Helping Your Captains Lead with Integrity – Jenn Gosline, George Jenkins HS

10:00 am – Roundtable – How to Get Work Ethic & Commitment Back After the Pandemic

11:00 am – Coaches Roundtable – Workout Exchange (email workouts to Niagara15@aol.com and I'll make into a Google Doc to share).