



# **1<sup>st</sup> EVER! NHSCA National High School BOYS and GIRLS Lacrosse Championships**

**August 11 - 14, 2010 - Boys / August 18 – 21, 2010 - Girls**  
at IMG Academies in Bradenton Florida

## **FORMAT**

32 Teams – 15 (minimum) to 20 members per team  
Individuals can register to participate on their state team  
32 Team Pool Play Bracket  
All Teams Guaranteed Six Games  
Championships Bracketed out until a true National Champion is determined

## **SCHEDULE OF EVENTS**

### **Wednesday**

9:00 am – 3:00 pm Registration/Practice Rounds  
4:30 pm – 5:30 pm Mandatory Coaches Meeting  
6:00 pm – 8:00 pm Welcome Banquet – (limited to 300 people)  
Pairings will be announced

### **Thursday**

9:00 am – 10:30 am Day 1 – Opening Round Competition  
12:00 pm – 1:30 pm Lunch, Clinic, Braverheart or Tours  
5:30 pm – 7:00 pm C360 Workshop – Athlete conditioning taken to the next level

### **Friday**

9:00 am – 10:30 am Day 2 – 2<sup>nd</sup> Round Competition  
12:00 pm – 1:30 pm Lunch, Clinic, Braverheart or Tours  
1:30 pm – 6:00 pm Day 2 – 3<sup>rd</sup> Round Competition  
5:30 pm – 7:00 pm Workshop – Communication & Preparing for college

### **Saturday**

9:00 am Semi-Finals Begin  
10:30 am Break, Braveheart Championships  
12:00 pm 3<sup>rd</sup> and 4<sup>th</sup> Place Game  
1:30 pm Championship Game

\* One individual will be awarded a \$2,500 scholarship

Please visit [www.nhsca.com](http://www.nhsca.com) for more information or call 610-923-0900  
and reference Lacrosse Championships