

FACA Swimming & Diving Clinic 2024

DRURY PLAZA RESORT – DISNEY SPRINGS

Thursday, January 4, 2024

- 11:00 am – 4:00 pm – Clinic Registration
- 1:00 pm – Gretchen Phelps, Brevard HEAT
Hosting a stroke clinic and how to organize it.
- 2:00 pm – Nicol Stewart, Yulee High School
What new coaches need to know about coaching high school swimming.
- 3:00 pm – Roundtable Topic
Communication – with administrators, with coaches, with parents, & with athletes.
- 4:00 pm – Roundtable Topic
What do coaches do when swimmers take race critiques the wrong way.
- 5:00 pm – Roundtable Topic
Questions coaches have about Florida High School Swimming & Diving.
- 5:30 PM - 7:30 PM DRURY KICKBACK SOCIAL - HOTEL

7:30 pm - Dinner

Friday, January 5, 2024

- 11:00 am – 4:00 pm – Clinic Registration
- 8:00 am – Nicol Stewart, Yulee High School
Resources swim coaches need to know about
- 9:00 am – Thomas Fredrickson, S. Carolina AD
Branding your Program with Graphics on social media.
- 10:00 am – FHSAA Chat with Danielle Hogle, Justin Harrison, & Scott Jamison
Reclassification and possible open classification:
- 11:00 am – Jenn Gosline, George Jenkins HS & Sid Cassidy, St Andrews Academy
Open classification chat continued as well as a recap of the FHSAA Advisory Board Mtg.
- 12:00 pm – Lunch
- 1:00 pm – Josiah Morales, Performance Aquatics & Grandview Prep
Information finding for 1A through 4A - How can coaches keep it all straight?
- 2:00 pm – Courtney Gills, Atlantic Coast Diving Jax
How the high school swim coach can coach your divers.
- 3:00 pm – Courtney Gills, Atlantic Coast Diving Jax
How the high school swim coach can judge divers accurately.
- 4:00 pm – Scott Bay, Hydro 4
Putting a practice schedule together for a 13-week high school season.
- 5:00 pm – Coaches Round Table
What topics would you like to see for next year's conference?
- 5:30 PM - 7:30 PM DRURY KICKBACK SOCIAL - HOTEL

Saturday, January 6, 2024

- 8:30 am – Scott Bay, Hydro 4
How to better your starts and turns.
- 9:30 am – Jenn Gosline, George Jenkins HS
Bring your Cricut/Silhouette, tools, presses, vinyl & t-shirts! I'll teach you to make your own team shirts! You can also come and see where to find new shirt designs from.
- 10:30 am – Jenn Gosline, George Jenkins HS
Cricut Session Continued